

Helen Schneiderman

Helen has over 20 years' experience as an Organizational Development and Human Resources professional, working as both a consultant and within industry. Helen's expertise includes training and facilitation, people and leadership development, employee engagement, diversity and inclusion, performance management, competency development, career development, recognition and onboarding. Helen has provided consulting services for a broad range of sectors, including public services, high-tech, financial services, post-secondary education and retail.



Prior to joining Kwela, Helen worked for a large charity, leading the learning and development function for the organization. Helen also spent time volunteering internationally, supporting non-profit organizations to build their human resources capacity.

Outside of Kwela, you can find Helen performing stand-up comedy at one of the lower mainland's comedy clubs. Drawing from her varied life experiences and trips around the globe, Helen is not afraid to share the good, the bad and the ugly, to make people laugh!

Helen has a Bachelor of Arts degree in Psychology and English, she is a Certified Compensation Professional, and is certified in Mental Health First Aid.