



Lou Poskitt – Principal Lawyer/ Director of Legal Talent, Workplace Law - Miller Titerle

Lou is a labour and employment lawyer and workplace investigator with over a decade of experience practicing in the area of workplace law, working with a variety of clients in both the public and private sectors.

Lou is experienced in working with both unionized and non-unionized environments. She brings a wealth of experience working with clients who operate large industrial plants down to working with small business owners and professional service firms. Lou regularly assists clients who are going through significant transformations and transitions, such as mergers and acquisitions or business reorganizations.

Lou advises on the integration of employees from newly acquired companies, reductions in force or plant closures, addition or elimination of positions, reclassification of workers, and provides risk assessments to achieve a smooth and successful business transition for our clients. Lou also advises and represents clients on issues that arise in the workplace, including drafting and interpreting employment contracts, workplace policies, and collective agreements.

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